



**Stephanie L. Furness, LCSW**  
**(706) 386-6605**  
[slfurnesslcsw@gmail.com](mailto:slfurnesslcsw@gmail.com)

Mailing Address: 985 Gaines School Road, Bldg. #2, Office A, Athens, Ga. 30605  
 Office Location: 1135 Cedar Shoals Dr. Bldg. #2, Office A, Athens, GA. 30605

**Informed Consent**

**Confidentiality**

No information will be disclosed about you to another party without your explicit authorization, unless required by law. The law may require disclosure in circumstances such as orders of a court, subpoenas, or where necessary to protect you or someone else from imminent danger. As part of my efforts to provide the best possible care, I participate in peer consultation as well as clinical supervision with other mental health professionals. Although I may discuss specific cases, I will keep confidential your name and any other identifying information.

**Group Therapy**

I ask that all group members agree to protect one another’s confidentiality, and it is my policy to remove from the group anyone who does violate another member’s confidentiality.

**Cancellation Policy**

If you need to cancel or change an appointment, I require 24 hours’ notice. All other appointments will be charged at the full fee.

**Contacting Me:**

My telephone number is (706) 386-6605. This is a confidential voicemail. I will generally return calls within 24 hours with the exception of weekends and holidays. Please leave your phone number even if you think I have it and some good times to reach you. If it is an emergency and I have not returned your call, please assume that I have not received your message and proceed to contact a friend, sponsor, back-up therapist or the emergency helpline for the county in which you live.

You are also welcome to e-mail me at [slfurnesslcsw@gmail.com](mailto:slfurnesslcsw@gmail.com), but please know that I do not check my email as often as I do my voicemail.

**I understand and agree to these conditions and I consent to treatment.**

**I have read and agree to the terms of HIPPA.**

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

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# NEW CLIENT INFORMATION FORM

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Home Phone Number \_\_\_\_\_ Is it okay to leave a message here? **Y/N**

Work Number \_\_\_\_\_ Is it okay to leave a message here? **Y/N**

Cell Number \_\_\_\_\_ Is it okay to leave a message here? **Y/N**

Email: \_\_\_\_\_

Would you like to be on an e-mail list for future workshops or groups? **YES / NO**

Highest level of education \_\_\_\_\_

Employer \_\_\_\_\_

Occupation \_\_\_\_\_

Who referred you? How did you learn about our services? \_\_\_\_\_

\_\_\_\_\_

Have you ever consulted a Psychotherapist or mental health professional before? **YES / NO**

If so, when, with whom, and for how long? \_\_\_\_\_

\_\_\_\_\_

Previous diagnosis: \_\_\_\_\_

What are the reasons you are seeking therapy now? \_\_\_\_\_

\_\_\_\_\_

What do you hope to gain/accomplish from therapy? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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Local Physician \_\_\_\_\_

Do you take any medications regularly? \_\_\_\_\_ If yes, please list them:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Relationship Status**

\_\_\_\_ Single \_\_\_\_ Married/committed relationship

\_\_\_\_ Widowed \_\_\_\_ Divorced/separated

How long married/committed relationship? \_\_\_\_\_

Number and ages of children \_\_\_\_\_

**Parental Status**

\_\_\_\_ Living together \_\_\_\_ Divorced/separated (If so, what year: \_\_\_\_\_)

Father deceased (year of death) \_\_\_\_ Mother deceased (year of death) \_\_\_\_

During your childhood, did either parent have a drinking or drug problem? **Y/N**  
(Or other family members?) **Y/N** \_\_\_\_\_

Age and gender of siblings (Please list in order of youngest to oldest including yourself). \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**In case of medical or psychological emergency, name of relative or friend to contact:**

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

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**Who is responsible for payment?**

Name \_\_\_\_\_

Address (if different from page one) \_\_\_\_\_

Phone \_\_\_\_\_

\_\_\_\_\_ Date \_\_\_\_\_  
Client Signature

\_\_\_\_\_ Date \_\_\_\_\_  
Stephanie L. Furness, LCSW

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**Please complete the following checklist. Check only the items that are TRUE or mostly true for you.**

- \_\_\_\_\_ 1. A life transition is causing me stress.
- \_\_\_\_\_ 2. I have just had a major loss.
- \_\_\_\_\_ 3. I have feelings of overwhelming panic and/or anxiety.
- \_\_\_\_\_ 4. I am afraid that I'm losing my mind.
- \_\_\_\_\_ 5. My mind keeps racing and it is hard to shut out thoughts.
- \_\_\_\_\_ 6. I am (or have been) seeing or hearing things that others don't see or hear.
- \_\_\_\_\_ 7. I have disturbing nightmares.
- \_\_\_\_\_ 8. I have done things to hurt myself physically (suicide attempts, self-mutilation, etc.).
- \_\_\_\_\_ 9. I have serious thoughts of suicide.
- \_\_\_\_\_ 10. My future seems hopeless.
- \_\_\_\_\_ 11. I am very depressed.
- \_\_\_\_\_ 12. My appetite is not like it used to be.
- \_\_\_\_\_ 13. I have recently lost/gained a significant amount of weight.
- \_\_\_\_\_ 14. I have sometimes vomited, fasted, or used laxatives or vigorous exercise in order to control my weight.
- \_\_\_\_\_ 15. My physician has told me that I was too thin.
- \_\_\_\_\_ 16. I have had an intense fear of gaining weight or becoming fat.
- \_\_\_\_\_ 17. I have felt fat even though others have said I was thin.
- \_\_\_\_\_ 18. I have had recurring periods of binge eating (rapid consumption of a large amount of food in a short amount of time).
- \_\_\_\_\_ 19. I used to sleep normally (7-8 hours) every night but now I sleep too much/too little.
- \_\_\_\_\_ 20. I am concerned about issues of sexuality.
- \_\_\_\_\_ 21. I sometimes use too much alcohol/drugs.
- \_\_\_\_\_ 22. I have sometimes felt like I ought to cut down on my drinking/drug use.
- \_\_\_\_\_ 23. I have sometimes felt bad or guilty about my drinking/drug use.
- \_\_\_\_\_ 24. I sometimes spend too much time looking at pornography or engaging in unhealthy sexual practices.
- \_\_\_\_\_ 25. I have sometimes had a drink first thing in the morning to steady my nerves or get rid of my hangover.
- \_\_\_\_\_ 26. I have had a sudden inability to recall important personal information (more than ordinary forgetfulness, not due to a stroke, seizure, or alcohol-related blackouts)
- \_\_\_\_\_ 27. I have (past or present) experienced sudden unexpected travel away from my home or work place with the inability to recall my past (not due to stroke, seizure, or alcohol-related blackouts).
- \_\_\_\_\_ 28. I have (past or present) assumed a new identity, partial or complete (not due to stroke, seizure, or alcohol-related blackouts).
- \_\_\_\_\_ 29. I have had a persistent or recurrent experience of feeling detached from reality, as if I was an outside observer of my mental processes or body.
- \_\_\_\_\_ 30. I have (past or present) had a persistent or recurrent experience of feeling like an automaton or as if in a daydream.

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- \_\_\_\_\_ 31. I have felt like there were two or more very different personalities within myself, each of which is dominant at a particular time.
- \_\_\_\_\_ 32. I feel I have some gaps in my memory after the age of five.
- \_\_\_\_\_ 33. When I was a child or adolescent, an adult overly criticized me, focused on my failures, belittled and/or swore at me.
- \_\_\_\_\_ 34. When I was a child or adolescent, an adult punched, bit, kicked, burned, or beat me.
- \_\_\_\_\_ 35. When I was a child or adolescent, someone fondled me, exposed him or herself to me such that I felt frightened, exploited me sexually, and/or attempted sexual contact when I did not want to participate.
- \_\_\_\_\_ 36. As an adult, someone overly criticized me, focused on my failures, belittled, and/or swore at me.
- \_\_\_\_\_ 37. As an adult, someone punched, bit, kicked, burned, or beat me.
- \_\_\_\_\_ 38. As an adult, someone fondled me, exposed him or herself to me such that I felt frightened, exploited me sexually, and/or attempted sexual contact when I did not want to participate.
- \_\_\_\_\_ 39. I have recently been sexually assaulted.

\_\_\_\_\_ Date \_\_\_\_\_  
 Client Signature

Please sign and mail completed form to:

Stephanie L. Furness, LCSW  
 C/o Pathways  
 985 Gaines School Road  
 Bldg. #2, Office A  
 Athens, GA 30605

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