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Couples Sessions:

Please answer questions as honestly as possible without conferring with your partner. Your answers will remain confidential between you and the Therapist, but will help inform the time spent in session as a couple.

1. What is the reason you are seeking couples' therapy?
2. What do you hope to gain from couples' counseling?
3. What are some of the things you like about your relationship?
4. What are areas of your relationship that you think need growth?
5. What are personality traits that you like about your partner?
6. What are ways you wish your partner were different?
7. Would you find it beneficial to talk with your couple's counselor separate from your partner in order to talk uncensored about your relationship?

CONFIDENTIAL

